

**Bonita J. Krempel-Portier, D.O.**  
***Emmitsburg Osteopathic Primary Care Center, Inc.***  
***Working Together Towards Health***

P: (301) 447-3310 F: (301) 447-5851 FEIN 52-2179848

[www.eopcc.com](http://www.eopcc.com)

*P.O. Box 1219*  
*121-123 West Main Street,*  
*Emmitsburg, MD 21727*

**Thanksgiving and Christmas Thanks and Thoughts 2008**

Dear EOPCC Family, Each year we, at EOPCC, reflect how very special the people we serve are! We then reflect on the very many kindnesses of all of you who help us serve our patients and students. We are so grateful to all of you. Happy Thanksgiving and Warmest Wishes this most holy season!

Out Students at this time include Malaya Robinson, Marquita Brown, nurse practitioner students who travel all the way from Baltimore to be with us and Aeysha Kahn, college graduate looking into a career in medicine. Judith Morgia and Rickeena Free have also come from Mt St Mary;s. These determined women are eager to learn and already beloved of the patients who so kindly allow our students to learn from them.

At the clinic we are having an ongoing flu vaccine campaign. If you have not gotten your flu shot please sign up to get your vaccination! Influenza causes more than 10,000 deaths each year in the USA and is a source of stroke and encephalitis. The vaccine has no actual viruses, just proteins from viruses. This year there are three new “brands” or strains coming through and this year the vaccine is working “good.” For all who have procrastinated their colonoscopies and annual gyn or prostate exam, ahem! Just do it!

Our services at EOPCC include Primary Care Internal Medicine, Podiatry—Services of Dr. Douglas Butler and Acupuncture—Services of M J Parkolay. We are investigating bringing some cardiology services and reflexology services to the present site. Our excitement that by spring we will have cancer care can hardly be contained! We are still in search of a Psychiatrist who would be interested in our location.

To all of you who participated in our Oktoberfest celebration we thank you! We hope you had as wonderful a time as we did! We were able to raise \$5000.00 toward the \$500,000 needed for the Phase II of the building project. Special thanks go to Monika and Barry Lucey, David Rehm, Linda Duffy, Cathy Bodin and Bill O’Toole who did so much to make a magical evening despite cold and wind by giving their home their labor their skills and talent and plain hard work. Thank You Thank You!

More fun and fundraising ahead: Yes .....Burn’s Nite is just ahead January 17, Blizzard day 18th—at the Carriage House Inn in Emmitsburg! Get ready to be Scottish! And have a ball! Tickets are \$50.00 which include \$25.00 donation to EOPCC. As always, your kind donations and dedicated bricks help us build. See our multi reply form enclosed.

**God Bless us One and All as We All Work Together Towards Health!**

