

Bonita J. Krempel-Portier, D.O.
Emmitsburg Osteopathic Primary Care Center, Inc.
Working Together Towards Health
P: (301) 447-3310 F: (301) 447-5851 FEIN 52-2179848

www.eopcc.com

P.O. Box 1219
121-123 West Main Street,
Emmitsburg, MD 21727

Newsletter December 2007

Blessings to you this most Holy and Challenging Christmas Season.

EOPCC is a nonprofit dedicated to providing medical education and patient-centered osteopathic healthcare. Your support and goodness enables us to continue to serve our treasured greater Emmitsburg. Everyday we are aware that your kindness flows from your caring, compassion and determination to continue to be there for those in need of medical education and care. Together we weave a mantle of joyous healing for all who select Emmitsburg Osteopathic Primary Care Center for their primary medical care.

Our Colleague in Need.:

This Summer, Alan Carroll, MD, who has served the Emmitsburg people for over 35 years was injured in a fluke accident while on vacation. Physicians take time off for education, and sneak in family time once in a while. Dear Dr. Carroll was to have two weeks this summer for family bonding with children and grandchildren. Because of his caring for others, the vacation got delayed for several days. Finally he was at Nagshead, NC and made it to the water. There, a giant wave and an unusual twist of the neck caused instant paralysis. Dr. Carroll's son John rescued him and the right side of his body returned full strength. While the left side despite two rounds of physical therapy, will need neck surgery to allow the spinal cord to heal. We ask your prayers for his full healing. With humble privilege, we, at EOPCC have received Dr. Carroll's patients on a temporary basis, giving them the same loving care we do our own. We have taken note that he too has many uninsured and are grateful to be able to assist them in their double need. Dr. Alan Carroll, MD is both our Mentor and Friend and we need him whole.

Wine-tasting success:

Imagine an enchanted wood, you cross a wooded bridge across a stream alive with nature and there you find a fairy castle. The smells are nectar sweet. The sky is azure. There you find bustling people, caring, alive with wisdom and laughter and caring. You meet Monika and Barry Lucey and you feel like family, their hard work hidden under their radiant smiles. Then there is music, beautiful piano music comes wafting from inside, it is Linda Duffy making your heart dance from inside. There is also David Rehm with his quiet confidence teaching all to see, smell, taste and appreciate wine, earth and location in exciting ways. There are fabulous gifts from supporters, helping us fund raise. Despite our awkward inexperience we earn \$5000.00! for the building project! Bill O'Toole and Cathy Bodin hide behind the scenes amazed and proud and tired.

Our Students: Congratulations to Alexandra Boswell who will be taking her medical assistance certification exam this December. Sarah Rohrbaugh also has finished her training with us and will be reviewing for her exam. Alex and Sarah are now welcomed additions to our staff. Deb Smith completed 300 hours training at EOPCC and is to take her Nurse Practitioner boards soon. Amanda Haines finished her medical assistance clinical training with us and is taking time to ensure her healthy pregnancy before competing her certification for Medical Assistant. Judith Morgia of Mount St. Mary's University has been spending her Thursday evening with us. She is not afraid to do those EKG's or give those shots or simply learn more about primary care medicine. Judith comes after school and often finds going home means working until 9:30 at night.

Our Babies: Collin(Kristin's) is now over 5 weeks old and loves visiting with us at the office. Collin did need pyloric valve tummy surgery, but is doing great. Ethan (Laura's) is 4 ½ months old and is trying to sit up, and loves going shopping—what a quality in a guy.! He is almost 20 lbs and is 27 inches tall. We can hardly wait to hug him again.

A Wonderful Tribute: The Frederick New Post gave EOPCC a beautiful feature article on November 18, 2007, by Jennifer Mellace. This 2 page feature article can be accessed on line at fredericknewpost.com and also at our web site..

Your Support: Special thanks to Ray and Rose Lanier whose \$1000.00 gift is a wonderful boost to our Phase II our building project.! Remodeling the old into the new is much more difficult than simply building new. For us there was nothing simple for the first phase. Thank you Ray and Rose!

Marathon: Five children, busy nursing schedule, other services to EOPCC did not deter Bridget McCarthy from participating in the November 5th 26 mile Marine Marathon. 30 thousand participants, among them our dear Bridget, 100 thousand attendants (brave David and children). Staying the course Bridget earned over \$1000.00 for the building project.

Burns Night:

Do you have your plaids? Do not worry. The fun will make you feel bright and cheery as the Scottish magic will make the winter cares disappear. Burn's Night begins Saturday, January 19, 2008 at 6:00 PM. at the lovely JoAnn's Ball-Room, Emmitsburg. Our backup date being Sunday, January 20, 2008. May you be robust and happy until we meet again!

The Future: Linda Junker, Karen Adelsberger and Dr. Bonnie Portier met with Richard Washburn or CMW Architect Group and we have our first set of to do for preparing the way for the final drawings. Anne-Marie Miller has met with Emmitsburg Commissioner Frank Henry to review the previous phase I electric and plumbing to connect the two projects into one. We will be redesigning the original sketches to improve on previous ideas and make better access for the people we serve. The energy is high. We will be getting the true cost estimates in the not too distant future. It is our goal to be making good progress by spring.