

EMMITSBURG OSTEOPATHIC PRIMARY CARE CENTER
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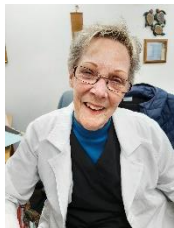
NEWSLETTER DECEMBER 2019

WISHING ALL A MOST BLESSED ENDING AND BEGINNING 2019 INTO 2020. MAY EVERY YEAR BE FULL OF PROMISE AND HOPE AND ACCOMPLISHMENTS, MAKING DREAMS COME TRUE.

THANK YOU ONE AND ALL FOR MAKING DAILY MIRACLES HAPPEN AS WE CONTINUE WORKING IN OUR NON-PROFIT TEACHING MEDICAL PRACTICE FULL OF COMPASSIONATE CARE TO ALL WHO COME TO US REGARDLESS OF ABILITY TO PAY.

STAFF

YOU MAY HAVE NOTICED OUR NEW FRONT DESK STAFF: DENISE DICKERSON ON THE INTAKE DESK, KAREN PICKETT ON THE DISCHARGE DESK, KIRSTEN PICKETT PHLEBOTOMIST AND MEDICAL ASSISTANT ALONG WITH SUE DELANEY TRIED AND TRUE AS PART TIME PHLEBOTOMIST AND MEDICAL ASISTANT. NANCY MANAHAN REMAINS AS OFFICE MANAGER, JUSTIN MANAHAN AS IT, WEB SITE MANAGER AND MEDICAL RECORD, JAN GUILLORY AND MARY MUSE ARE OUR SCANNERS IN OUR NOT SO PAPERLESS WORLD.



WE ARE VERY EXCITED FOR THE SERVICES OF MARGO LUNDH, CRNP. MARGO HAS NOW SERVED ONE YEAR TENDING TO OUR PATIENT'S BOTH AT EOPCC AND AT ST. JOSEPH NURSING CENTER. MARGO ENJOYS GUIDING OUR MEDICAL AND NURSE PRACTITIONER STUDENTS.

EVERETT BAYLISS, CRNP ALSO VOLUNTEERS WHEN HE HAS A CHANCE. EVERETT HAS BEEN A GREAT TECHNICAL ADVISOR.

20 YEARS

2019 IS A BANNER YEAR FOR EOPCC: EMMITSBURG OSTEOPATHIC PRIMARY CARE CENTER PROUDLY BOASTS 20 YEARS OF SERVICE THIS YEAR, OUR JOY IS TO BE AN INTEGRAL PART OF THE COMMUNITY OF EMMITSBURG & ITS NEIGHBORS. JUNE 2, 1999 EOPCC BECAME A REALITY WITH DOORS OPENED SEPTEMBER 3, 1999.

STUDENTS

AT EOPCC WE TEACH OSTEOPATHIC MEDICAL STUDENTS AND NURSE PRACTITIONER STUDENTS: SILVER FESTIN, KATHERINE MAZZOLA, SHRENAL PAREKAH, ALISHA GONZALES, DEVINE THOMAS, BRITTANY ROSS, ARON SHIM, ANTHONY BUCCA, MELISSA PATEL, AFRA CHAN, NANA MENSAH, THOMAS WALL, JOSHUA BOTKIN, DALLAS MARSH, CARL LEVY, JOSUA

KEPFINGER, KARINE DLEORUX, MINN DGUYEN, LANGLEY REGESTER, JESSICA LEE, ALICIA REGO ARE OUR 2019 STARS.

WE ALSO ENCOURAGE ANYONE INTERESTED IN OSTEOPATHIC MEDICINE TO COME SHADOW WITH US. IF ANY STUDENT IS INTERESTED IN CONTINUING HIS/HER QUEST, WE ASSIST BY WRITING A LETTER OF RECOMMENDATION TO HELP GET INTO MEDICAL SCHOOL.

OUR MEDICAL PRACTICE INCLUDES INTERNAL MEDICINE, GENERAL PRIMARY CARE MEDICINE, HOLISTIC MEDICINE AND OSTEOPATHIC MANIPULATIVE MEDICINE.

EMMITSBURG OSTEOPATHIC PRIMARY CARE MEDICINE HAS A COMMITMENT TO THE PEOPLE OF EMMITSBURG AND ITS SURROUNDING AREAS. IN THIS SERVICE WE ARE AWARE THAT THERE ARE UNINSURED AND UNDER-INSURED PEOPLE WHO NEED MEDICAL CARE. OUR GOAL IS TO TREAT ALL WITH COMPASSIONATE CARE. BECAUSE OF THIS COMMITMENT, WE DO NOT CHARGE THE UNINSURED AND IF A PATIENT IS UNDERINSURED AND UNDER ECONOMIC HARDSHIP, WE ALSO ARE ABLE AT TIMES TO AMELIORATE MEDICAL DEBT RELATED TO EOPCC SERVICES.

EMMITSBURG OSTEOPATHIC MEDICAL CARE CENTER HAS A BEAUTIFUL HEALING GARDEN DEDICATED TO THE VIETNAM VETERANS AND WITH SPECIAL MEMORIAL BENCHES FOR DR. ALAN CARROLL, M.D. WHO SERVED OUR COMMUNITY FOR 40 YEARS, AND FOR FATHER PAUL REDMOND WHOSE SERVICE TO MOUNT SAINT MARYS UNIVERSITY AND SEMINARY WILL ALWAYS BE LOVINGLY TREASURED.

OUR DREAM AS WELL AS OUR GOAL IS TO CONTINUE TO SERVE THE COMMUNITY WITH GOOD MEDICINE, LOVE AND COMPASSION.

GIFTS:

EOPCC THANKS THE FREDERICK COUNTY HEALTH DEPARTMENT AS OUR PRACTICE WAS AWARDED TO BE A SITE FOR THEIR OUTREACH TO PRE-DIABETES PATIENTS “PREVENTT2 PROGRAM.” RACHEL TUCKER, ANGELA BLAIR AND CHRITINE PELKOWSKI WORKED TIRELESSLY AS THEY PROVIDED DIETARY AND DIABETES EDUCATION TO SEVERAL OF OUR PATIENTS. USING FREDERICK COUNTY HEALTH DEPARTEMENT THEY PROVIDED EOPCC WITH COMPLIANCE UPGRADES FOR OUR EHR (ELECTRONIC HEALTH RECORD). WE ALSO RECEIVED A STATE OF THE ART SCANNER, MUCH NEEDED TO KEEP UP WITH THE MANY NEW MEDICARE REQUIREMENTS THROUGH A GRANT TARGETTING THE NEEDS FOR SMALL PRIVATE PRACTICES.

WE INVITE ALL TO A SPECIAL LECTURE AT EOPCC 121-123 WEST MAIN STREET “ MINDFUL EATING MATTERS” JANUARY 7, 2020 5:15 TO 6:15 PM WEATHER PERMITTING.

This year, we were saddened to learn of the death of two special friends. Mary Flickinger, the mother of our Board member Melissa Wetzal, passed on August 25 in Emmitsburg. As we go to press, our former volunteer Elizabeth McIntyre-

Danner died last Friday, Dec. 20, after a cancer remission of several years. We mourn with their families and remember these lovely women for the gifts that they gave to all.

FUNDRAISERS: THANK YOU WONDERFUL AUXILIARY BOARD



Our “**Spring Magic**” pig roast dinner and auctions took place on April 27 at St. Joseph’s Catholic Church Parish Center. The Great Cantori has us all Mesmerized with his slight of hands. Warm thanks to return auctioneer Jeremiah Herbst for his services and his infectious humor! Thanks also to our donors and volunteers, especially to Paula Fish and family, Donna Cuseo, Bill O’Toole, Melissa Wetzel, and Pat Cairo, and the Junior Auxiliary. Junior

Auxiliary members Neoline James and Ana James worked all afternoon on decorations and foods. “Dr. Bunny,” an enormous stuffed rabbit complete with toy doctor’s kit, was in attendance and went home with Josephine James. Major thanks once again to Fr. Marty at St. Joe’s parish for the use of this beautiful hall.

In June, Melissa Wetzel once again organized and staffed a **Car, Truck, and Open-division Show** for EOPCC, a part of Emmitsburg’s Community Heritage Day on the last Saturday in June, in the Community Park on June 29. A modest entry fee of \$15 was charged. Congratulations to all winners: People’s Choice and Championship winners for the first five places in all three divisions. Proceeds topped \$1000 this year, all donated to EOPCC. Many thanks for the sponsors who donated these trophies, principally Melissa Wetzel, CPA.

EOPCC participated in the **National Night Out** for the first time this past August 6. New Board member Martha Oberle along with Dr. Bonnie and Cathy Bodin manned a table of giveaways: health brochures, summer recipes, even a bushel of apples to keep our services away! Our participation harmonized nicely with that of other non-profits in the name of community-building to promote police-community partnerships and neighborhood solidarity, making our neighborhoods safer, more caring places to live.



On Sept. 12, our **annual Wine Tasting** was again held at St. Joseph’s Catholic Church Parish Center. Dr. Sean Lewis chose a number of wines of “Uncommon Bouquets” which both surprised and delighted the wine-tasters. A hearty buffet was served afterwards during which Silent Auction tables all but sold out before Auctioneer Jeremiah Herbst took the floor and again brought the house down.



Our **Fall Dance** on Oct. 5 featured both Phil Portier and Taylor Brown our local Elvis impersonator. Both superb performers. An extra thanks to Phil Portier, the Drs. Portier’s son, for donating his time and expertise to oldies tunes that brought us back to the seventies and eighties. In between times, Elvis sang his greatest hits attired in classic Elvis style.

Our thanks to the Emmitsburg Ambulance Company for waiving the fee for this evening due to a mix-up in dates.

In December, our crafts/gifts table at the annual “**Breakfast with Santa**” held at Mother Seton School on the 7th raised \$51.00 and our annual **Saturday Before Christmas Bake Sale** held at Jubilee Foods of Emmitsburg raised \$235.00.

Congratulations to Auxiliary Board members Donna Cuseo, Paula Fish, and Pat Cairo, who had stiff competition with the Maryland State Championship game on Dec. 7—which Catoclin High School won! Go Cougars! (Well, we know where our clientele was *that* day!)

Our bakers Liz and Cliff Sweeney and Cathy Bodin had better luck on Dec. 21, and be it known that Liz and Cliff had back-to-back fundraisers that day and the day before—they began baking only at 9 pm the night before the bake sale! Many, many thanks, Liz and Cliff! And a heartfelt thanks once again to Jubilee Foods for their community-mindedness and continual support of our fundraising efforts.

FABULOUS PEOPLE:



THIS YEAR WE THANK RITA CARROLL FOR HER GIVING OF SELF TO THE EMMITSBURG COMMUNITY. HOW GRATEFUL WE ARE TO AWARD RITA OUR COMMUNITY SERVICE APPRECIATION PLAQUE works to educate others in faith and parenting

OUR VOLUNTER OF THE YEAR KAREN MILLER

Worked on our newsletter, set up events

Made so many behind the scenes needs happen



LOOKING FORWARD TO 2020—*Save the Dates!*

April 18: Our Spring Fundraiser (on a surprise theme this year)—not to be missed!

June 27: EOPCC Car Show, a segment of Emmitsburg's annual Community Day

Sept. 12: Our annual Fall Dance—get ready to cut some steps!

Oct. 24: EOPCC's annual Wine Tasting

December Fundraisers: 1st Saturday (**Dec. 5**) at Breakfast With Santa, & **Dec. 19th** Christmas Bake Sale

Calling All Supporters: Our **Founders Club** is soliciting members for fuller support of EOPCC in its work of promoting individual and community health for a lifetime. Members pledge \$2000 for payment in installments specified by the donor. Donors are invited to a yearly luncheon in the spring where a good time is had by all.

Call for members: EOPCC's **Auxiliary Board** wants YOU for help in organizing our yearly fundraisers, including silent and live auctions at the annual wine tasting and spring theme dinner. Interested? Please phone Paula Fish at 301-447-3929.

